

## Dressing up day ideas

# Anglo Saxons

So you're having an Anglo Saxon dressing up day? Don't panic! Even if you'd forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

### Anglo Saxon Warrior

- A long sleeved, oversize plain T-shirt, any colour but muted ones are best. Borrow your parents' or big brother's.
- A thin belt, leather or fabric. A plain tie-belt from a dressing gown will do at a push.
- A pair of plain dark leggings or jogging bottoms
- Two strips of fabric to wrap the bottom half of the legs in (optional)
- A rectangle of fabric for a cloak, held by a pin or brooch
- Plain dark shoes or short boots

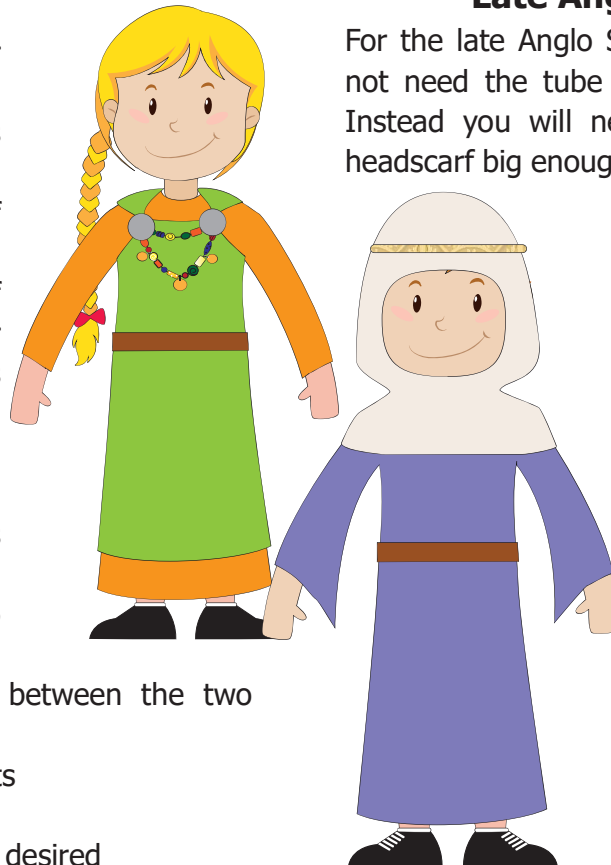


### Anglo Saxon Lady

There was a big difference between Anglo Saxon ladies at the beginning and end of the Anglo Saxon age. Decide whether you want to be an early Anglo Saxon (450AD - 700AD) or a late Anglo Saxon (700AD - 1066AD)

#### Early Anglo Saxon Lady

- A plain coloured long dress or top and skirt
- A "tube dress". This was literally a tube of fabric pinned together at the shoulders. If you don't want to sew, then you can use a rectangle of fabric with a hole cut in it for the head – an old sheet is perfect.
- A thin belt
- A pair of round brooches, which will fasten the shoulders of the tube dress. Decorated card with safety-pins taped to the back works well!
- A string of beads to hang between the two brooches
- Plain dark shoes or short boots
- A plain headscarf (optional)
- Ladies can also wear cloaks if desired



#### Late Anglo Saxon Lady

For the late Anglo Saxon lady you will not need the tube dress or jewellery. Instead you will need a "wimple" or headscarf big enough to cover your hair and neck. You can also put a band of fabric around your head to hold it in place.

