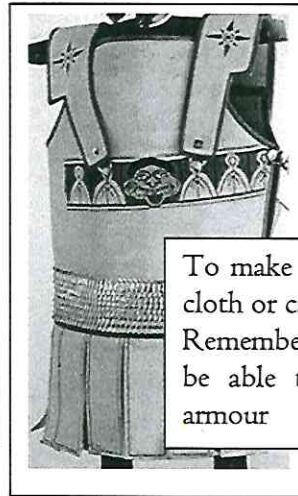


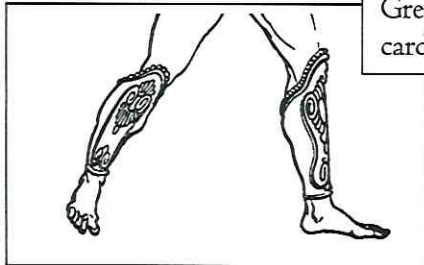
COSTUME IDEAS



An ex- large white adult T shirt will make a good tunic. Tie it round the middle with good cord



To make warrior body armour, you can use cloth or cardboard. Remember you have to be comfortable and be able to sit down while wearing your armour



A good starting point is football shin pads. Secure your Greek greaves to them. You can make them from cardboard and tied around the back of your legs as well.



All Greek clothes were made from large rectangles of cloth with a minimum amount of sewing. They can be made from old sheets of any colour.

Greeks used linen and woollen cloth to make their clothes. Please remember it gets cold in Ancient Greece, just as it does in Britain, dress to keep warm! Wear an under dress or adult size white T shirt under your Peplos or Chiton. Wear Greek style jewellery

You will need a LARGE Circle of thick, strong cardboard. 2 long strips of strong cardboard. Long split pins. Make sure you cover the ends of the split pins with plaster or sticky tape. Paint your shield. You could also make a helmet.

